

Shen Gung 神功

1973-1974: Allapattah YMCA Master Peterson- Okinawan Te
1974-1975: Allapattah YMCA - Kibo (Shaolin Kung Fu – Kick Boxing)
1975-1976: Allapattah YMCA - Judo (Jujitsu)
1976-1977: Master Rubin Fonte (US Representative Grand Master Yama Guichi (The Cat)
- Okinawan Te (Go jo Ryu)
1977-1978: Sensei Benny Colon & Master Moses Colon at Wind wood Center(Miami,FL)
-Matsu-Bashi Shorin-Ryu (Shaolin way) Okinawan Te and Jujitsu, Boxing, Ken do.
1979: 36th St. Gym Northwest Boys Club
1980: NW 99th St & 7th Ave
1981: NW 7th Ave & 125th St .-Shorin-Ryu (Shaolin way) ,Okinawan Te and Jujitsu, Boxing, Ken po and Ken do.
1978-1982: Greco Roman Wrestling -Four year Varsity Wrestling Team
1979 : State title for fastest submission hold Coach Pat Burns -Dan Gable Wrestling Camp
1979-1985: Chinese Kenpo Karate Master Manny Reyes
(Representative of Grand Master Ed Parker) Master Jeff Roddy Master Rey Irrizary Sifu Rolly Martinez-Chinese Kenpo
1980-1990: Amateur Boxing Federation – Elizabeth Verecks Gym – City of
-Miami Police Boxing Athletic League. Coconut Grove.
1990: Moved to Tropical Park
1980: Self defense instructor for
-Guardian Angels (Miami Chapter)
1982: JC's Gym:
-Shaolin Kung-Fu
1984: Certified CPR 1st Responder & Respiratory Therapy
1989-**2007** State Certified Florida Law Enforcement Officer on Police defense tactics.
-Certified public and private Security officer ,
- Miami Dade School Police (comm liaison specialist)
1989: Kickboxing: Coach Scott Ashley (World Champion) under Master Ruiz
-Karate Assistant Coach Anthony Palermo– Ranked #1 in the World of Kick boxing.
1990-2000 Master Kenneth Ruiz
– Shorin Ryu Okinawan Te, Chinese Kun-Tao, Kung-Fu, and Healing Arts
1992-1993: Twin Dragons:
-Karate & Kung-Fu school. NW 27th Avenue , Miami , FL
1992-**2007**: Hatha Yoga – Gura Abel
-Research in Health Sciences Yoga - hatha, ashtanga, brikman . Iyanga,Irintegral
Certified Rei Ki, Chi kung.
1994: Master Carl Spittle,
-Ho Chow Kun-Tao master (Kung-Fu) and Internal Arts; introduced by Kenneth Ruiz
1994: **2007** Master Spittle introduced to Willume De Thouars (Uncle Bill)
– Wu Kong Kun-Tao & Petjut Kilat Silat (Kun-Tao Silat) and Internal Arts (Bagua-Tai chi Xing yi)
1994-**2007**: Uncle Bill introduces Segun Wayne Welsh (Uncle Wayne)
-“The Dragon” over seer of Kung Lun Pi system. Founder of Ying Lun Chin Kun-Tao Silat, -Shaolin, Kenpo, Boxing, Tai Chi, Ba Gua, Hsing-Yi, Healing Arts
1994: 2000 Master Guy L. Seveli. Savate,
-Huk Chung Kun Tao. Student of Master Readers
1993-1999: Total Self Defense:
- Karate & Kung-Fu. 122nd & Coral Way , Miami , FL
1994-1999: (Shr-Fu & Total Self Defense)
1997: 2001 Master Joseph Salomone (Student of Master Aurthur Sikes; Student of Grand Master Willie Wetziel and Senior Student of Master Lu Shan William Readers) -Kun-Tao Silat Master Ed “Tiny” Seley. Other Shr-fu's in FL – Kun-Tao Silat Shr-fu Lenny Howy – Sweet water, Fl - Kun-Tao Silat Shr-fu Tony Laughlin – Tampa , FL - Kun-Tao Silat

1997: Master Hi Ji Bao - Ying Fu, Bagua. Beijing , China Seminar
 1997-**2007**: Master Lee (Hong Kong) Republic of China-Tai Chi Master, Bagua, Hsing-Yi
 1998: 2001 Dr. Master Zhong Hong (Shan hi) China (Prof. of Integration Chinese & Western Medicine UM Int'l Scholar of Cardiology & Pharmacology)- Northern Shaolin, Wudang, Tai Chi, Ba Gua, Hsing-Yi
 1998: 2001 Lao Shir Wang 81 years old mother of Dr. Hong. Shaolin,-Tai Chi, Ba Gua, and Hsing-Yi
 2000 -Research in Chinese Martrtail Arts - in Main land China with Zhong Hong (shaolin -Wudang).
 1999: 2006 Master Wing K.Wong = Tai Chi Master, Karate Black Belt
2000-2001: Master Andrew Chung-Shaolin ,Bagua Zhang ,Xinyi Chuan , Tai Chi-Chuan , Hakka, Liu he ba Fa.
 1999-2001: Chinese Martial Internal Arts School- kung fu - karate-jiuitsu- capoeira.
 2000-**2007**: Grand Master Su Dong Chen- (Hsing-Yi, Bagua, Tai Chi) (Founder of Essence of Evolution Spiral Association. Chinese Internal Martial Arts Master. Student of Grand Master Hung I Chung. Student of Grand Master Chang Tung-Sheng (Shuai-Chiao)
 2000-2003 Master Marvin Quan- (Shaolin, Shuai-Chiao, Boxing, Tai Chi, Ba Gua, Hsing-Yi
 2002: Attendance to Zhong Shr (Grand Master) Wei Zhon Foo 5 Day (50 Hour) Intensive -Qigong Seminar. Based Da dao Chan Gung System.
 Zhong Shr (Grand Master) Wei Zhon Foo background in Ermei Qigong system, Hsing-Yi -and Pa Kua master, and Traditional Chinese Medical doctor
 2003: Capoeira – Mestre Delie
 2003-2004: Pablo Vasquez-Aikido (empty and-weapons)
 2005-2006:Master Master Wee Wow Dum Lao
 -Research in Japanese internal arts Aikido empty -weapons
 2005-**2007** TCM Gorden Xu -TCM Doctor ,Professor and Chinese Martial arts Mater (lung Men -Dragon Gate)
 2005-**2007** Grand Master Gorge Xu-Shaolin (lan sou) Bagua Zhang Taichi Chuan, Xing yi Chuan
2007- Master Wai Lung Hung-Shaolin ,Bagua Zhang ,Xinyi Chuan , Tai Chi Chuan , Liu he ba Fa.
2007-Shr-Fu J. Lee -Shui jiao, Kung Fu , Tai Chi Chuan Wu Style, Judo ,JiuJitsu ,sambo Kick boxing ,boxing.
2007-Lao Shr Fang , -Chinese Internal Martial arts Master
2007-Tuhon leonardo Gaje Filipino-Knife Master Kali, Kuntao- silat.
2007– Andrey Lappas health sciences workshop